# **KCOCC**

Kent County Office of Community Corrections

# PROGRAM HANDBOOK



2015 - 2016

Building a safer community through cost effective alternatives to incarceration.

### **Letter from Judge Johnston**

#### Greetings,

For the better part of the past century, criminologists, criminal justice professionals, and interested citizens have engaged in debate over sentencing philosophies, options and objectives. The Michigan Supreme Court has held that there are four primary objectives to be considered when sentencing offenders: rehabilitation, incapacitation, deterrence, and punishment. Currently, most of the debate is over how these objectives should be weighed and balanced against each other, and which is the most important, and the most cost effective, in any given case.

Whatever a particular judge's sentencing philosophy may be, it is important that he or she have available a wide range of potential sentencing options. In this way, an appropriate sanction can be fashioned to best address the circumstances of each individual case. This is particularly important at a time when drug and/or alcohol addiction is a factor in almost every form of criminal behavior.

To assist judges and other criminal justice professionals, the Kent County Office of Community Corrections has prepared this bench guide outlining available OCC funded programs, program descriptions, eligibility criteria, and contact information. My sincere thanks to our excellent OCC staff for preparing this guide, and for all the good work they continue to do to improve our criminal justice system.

Donald A. Johnston

Chief Judge

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## CONTACTS-AT-A-GLANCE

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Natalie Synowicz	. (616)	245-4346	
Anger Management Shelley Seasly	.(616)	247-3815	
Arbor Circle – Reentry Case Management	. (0.0)		
Arbor Circle – Relapse Prevention			
Cathy Wortham	. (616)	459-7215	
Catholic Charities West MI			
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Community Service			
Tim Bouwhuis	. (616)	632-5350	
Court Services CBT			
Kathy Katt	. (616)	632-5337	
In-Jail GED			
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Ross Buitendorp	. (616)	336-3765	
Pine Rest - OUIL III			
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Sara Gee	. (616)	258-7599	
Pine Rest Men's Residential Program			
Susie Commissaris	. (616)	456-0833	
Pretrial Services Regular/Maximum			
Tim Bouwhuis	. (616)	632-5350	
Sex Offender Treatment			
David Berghuis			
Ron Grooters	. (616)	560-0019	
Sobriety Court			
Jeanette Boggiano	. (616)	632-5625	
Women's Resource Center			
Michelle Bryk	. (616)	458-5443	
Work Crew			
Tim Bouwhuis	. (616)	632-5350	

### KENT COUNTY OCC STAFF INFORMATION

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Fax: (616) 632-5339

#### **Tim Bouwhuis**

Pretrial Services Supervisor/OCC Supervisor

Telephone: (616) 632-5327

Timothy.Bouwhuis@kentcountymi.gov

#### **Andrew Verheek**

Community Corrections Planner Telephone: (616) 632-5367

Andrew. Verheek @kentcountymi.gov

#### **Barb DeVos**

Community Corrections Planner Telephone: (616) 632-5318 Barb.DeVos@kentcountymi.gov

#### Leslie Schullo

Community Corrections Clerk Telephone: (616) 632-5366 Leslie.Schullo@kentcountymi.gov

### KCCF CONTACTS-AT-A-GLANCE

Jail Inmate Services/Program Dir	rector
Rob Steele	(616) 632-6379
Jail Mental Health Services	
Jon McKay	(616) 632-6370
Sober Living Unit	
Mike Cole	(616) 459-7215 Ext.1403



The Kent County Office of Community Corrections (OCC) seeks to reduce state prison commitments; prevent overcrowding at the Kent County Correctional Facility (KCCF); and protect public safety by diverting low risk, non-violent felony offenders into rehabilitative programming. Kent County OCC advocates the effective use of sentencing options that include combined jail and probation terms coupled with rehabilitative programming rather than prison or straight jail dispositions for eligible offenders. Funded by grant monies obtained from the Michigan Department of Corrections, Kent County OCC provides funding for rehabilitative programming that seeks to instill offenders with the cognitive thinking skills necessary to modify the behavior that has led to their continued involvement in the criminal justice system.

A variety of programming options are funded through the Kent County OCC. These services range from substance abuse treatment, day reporting, sex offender treatment, gender specific programming, pretrial supervision, and mental health counseling. This diversity of services addresses a number of offender needs that include the building of new cognitive thinking skills necessary to avoiding recidivistic behavior; learning needed skills to obtain and retain employment; and programming that enables offenders to overcome the barriers to a crimefree lifestyle that are constructed by continued and unchecked substance abuse.

This handbook serves as a guide for judges, probation officers, attorneys and other court officials in selecting programs and services as alternatives to incarceration for felony offenders. In it you will find information on Office of Community Corrections (OCC) eligibility criteria, program descriptions, and contact information.

A section on programs and services provided at the Kent County Correctional Facility (KCCF) is also included in this handbook. Although most of the programs at KCCF are not funded by the Kent County Office of Community Corrections (OCC), one goal of the Kent County OCC is to reduce prison and jail commitments and this can be accomplished by enrolling eligible offenders in rehabilitative programming offered through KCCF.

### P.A. 511 OVERVIEW

#### Public Act 511

P.A. 511, also known as the Michigan Community Corrections Act, was established in 1988 to provide funds to local governments to develop community corrections programs. The purpose was to develop alternative sentencing options for non-violent felony offenders who would otherwise be incarcerated in state prisons or local county jails.

#### How the Act works

Funding for community corrections programming is provided through grants awarded by the State Community Corrections Advisory Board (MCCAB) to local county governments. In order to apply for funding, local Community Corrections Advisory Boards (CCAB) must complete a yearly Comprehensive Corrections Plan and grant application which is the primary vehicle for funding requests. Programs seeking funding must meet the criteria established by the local boards to reduce or curb commitments to state prisons and to increase the appropriate utilization of local jails.

#### P.A. 511 Priorities

Awarded funds for P.A. 511 programming seek to address a number of priorities. These priorities include:

- Reducing prison commitment rates in Kent County
- Reducing recidivism which is defined by the State Board as probation violations, either technical or new sentence, resulting in a prison disposition
- Effective utilization of available jail bed space in the Kent County Correctional Facility
- Building and encouraging stakeholder involvement in the development of the comprehensive community corrections plan
- Prioritizing offenders with higher levels of risk and need for programming that is grounded in evidence-based practices
- Monitoring and evaluating funded programming to ensure the quality and content of funded services

### COMMUNITY CORRECTIONS ADVISORY BOARD

Appointed by the Kent County Board of Commissioners, the Kent County Community Corrections Advisory Board (CCAB) is responsible for community corrections planning and policy-making with regards to the community corrections funding received from the Michigan Office of Community Corrections (MOCC). The Kent County CCAB has thirteen members representing a cross-section of criminal justice stakeholders in Kent County. Meeting periodically through the year, CCAB members review and discuss issues pertinent to the criminal justice system in Kent County and how community corrections programming can positively impact these issues. CCAB members also must approve the yearly community corrections grant that funds the Kent County Office of Community Corrections.

#### Current members of the Kent County CCAB:

	Honorable Donald Johnston
_	Honorable Patricia Gardner
Business Community	Colonel Shawn Harris
Chief of Police	Chief Dan Steere, City of Grandville
Circuit Probation	Dave Oesch
Communications Media	Open
County Commissioner	Mandy Bolter
County Prosecutor	William Forsyth
Criminal Defense	Christine Tober
General Public	Alecia Lewis
Service Area	Kristin Gietzen

### P.A. 511 ELIGIBILITY GUIDELINES

#### PROGRAMS AND SERVICES:

#### Specific Sentencing Guideline Eligibility Criteria

- The SGL score must be **0 9** or greater.
- Probation violators with an SGL score of 0 6 or greater on the original offense.
- Pretrial offenders that are referred to OCC programming must be on Circuit Court Probation or score as follows on the Praxis Instrument:
  - average to high for a non-violent felony charge
  - average to high for a violent felony charge
- Felony offenders who do not meet the basic OCC eligibility requirements may still qualify for treatment based on their COMPAS assessment scores. Please send your request and a current COMPAS assessment for the individual to Kent County OCC staff.

#### **Basic Offender Eligibility Guidelines**

- Offenders must be convicted of a felony offense in Kent County and/or State of Michigan.
- Enrollment should be in lieu of an incarcerative sentence or as a reduction to an incarcerative sentence.
- Offender must be on Circuit Court Probation, supervised by Pretrial Services, and/or serving a sentence at Kent County Correctional Facility during their enrollment in the P.A. 511 funding program.
- Offenders enrolled with a probation violation must have been formally violated (i.e. an Amended Probation Order signed by the judge must be completed and available upon request).
- SGL NA offenses must have (minimally) a statutory maximum of at least 24 months or greater. In addition, the offender must have at least one (1) prior felony conviction in addition to the instant offense or a probation violation on the current offense. Contact Kent County OCC staff for confirmation of eligibility.

#### **RESIDENTIAL PROGRAMS:**

Effective October 1, 2015 the COMPAS will be used exclusively to determine eligibility for residential programming. An offender must score medium to high risk for recidivism (violent or general recidivism) or medium to high need on the substance abuse scale in order to qualify for OCC funded residential placement.

#### DDJR/CT PROGRAMS:

In order to participate in Drunk Driving/Jail Reduction programming offenders must be sentenced to an OUIL III offense with a Lockout SGL score or Straddle Cell SGL score where the PRV is less than 35.

### CASE MANAGEMENT

#### Arbor Circle - Reentry Case Management

1115 Ball NE, Building A Grand Rapids, MI 49505

Phone: (616) 456-8010 FAX (616) 456-6396

Program Manager: Cathy Worthem

**Referrals:** Referrals can be made to this program at the time of the PSI or after sentencing by contacting OCC or Arbor Circle staff.

Arbor Circle provides case management to eligible offenders participating in the Reentry Pod at the Kent County Correctional Facility (KCCF). The case manager will work with the offender during his/her incarceration to develop a transition/reentry plan. This plan will identify the offender's individual needs to be addressed and the steps and activities he/she must take to address them in order to avoid future criminal activity. The case manager will coordinate contacts for the offender in the community including probation, employment, housing, treatment, and educational services among others. Following release, the case manager will continue to meet with the offender for up to six months. Contact is typically more frequent during the first 30 days and will be reduced in the following months although it will vary depending on the individual needs of the offender.

#### Target Population:

 Male and female OCC eligible felony offenders and probation violators (see page 9) who are serving a split probation/jail sentence at KCCF and participating in the Reentry Pod (see page 38).

- Initial contact between case manager and offender is in jail
- Completion of a transition/reentry plan
- Contact with offender within the first 72 hours following release from incarceration
- Intensive contact in the community provided by the case manager in a step-down fashion for up to six months following release from incarceration
- Collateral contacts established with community services

### CASE MANAGEMENT

#### Network 180 - Substance Abuse Level of Care Screenings

728 Fuller Avenue NE Grand Rapids, MI 49503

Phone: (616) 336-3765 FAX: (616) 336-2475

Program Manager: Ross Buitendorp

**Referrals:** To make a referral to this program send the required paperwork to the fax number listed above *to the attention of Marleah Bevelacqua* or telephone her directly at (616) 855-5140.

Network 180 staff provides a level of care screening for referred male and female felony offenders who have been identified and/or suspected of substance abuse disorders. The screenings will assist the probation officers in determining the level of substance abuse treatment the offender should receive.

#### Target Population:

- Male and female OCC eligible felony offenders (see page 9) with suspected substance abuse issues
- Probation violators

- Assessments are ususally completed face to face at Network 180
- Assessment can be completed at the jail if the offender is still incarcerated
- Assessment will screen for co-occurring mental health disorders as well as substance abuse
- Assessment will help identify whether or not an offender needs to be in treatment
- Assessment will help identify the type of treatment needed such as outpatient, intensive outpatient, or residential

### **COMMUNITY SERVICE**

#### **Court Services - Community Service**

180 Ottawa NW, Suite 2100 Grand Rapids, MI 49503

Phone: (616) 632-5350 FAX (616) 632-5339

Program Manager: Tim Bouwhuis

**Referrals:** To make a referral to this program send the required paperwork to the fax number listed above.

The Community Service program provides screening, assessment, placement and monitoring of sentenced male and female offenders ordered to perform a specified number of work hours with non-profit organizations throughout the county.

#### Target Population:

- Sentenced male and female felony offenders
- Probation violators

#### Services Provided:

- Initial screening by case worker to determine most appropriate placement for completing required service hours
- · Referral to work site
- Regular updates with work site to monitor progress of offender in completing hours
- Notification to referring probation agent or court of successful or unsuccessful completion

**Note:** Community Service is no longer funded by OCC but the service continues to be provided by Kent County Court Services. Referrals do not need to meet OCC eligibility requirements.

### **COMMUNITY SERVICE**

#### **Court Services - Work Crew**

180 Ottawa NW, Suite 2100 Grand Rapids, MI 49503

Phone: (616) 632-5350 FAX (616) 632-5339

Program Manager: Tim Bouwhuis

**Referrals:** To make a referral to this program send the required paperwork to the fax number listed above.

The Work Crew program provides screening, assessment, placement and monitoring of sentenced male and female felony offenders who are ordered by the 17<sup>th</sup> Circuit Court to complete a specific number of work crew hours. The work is labor intensive and performed in a group setting under close supervision and therefore considered a more serious sanction than community service.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Sentenced male and female felony offenders
- · Probation violators

#### Services Provided:

- Initial screening by case worker to determine work crew schedule placement for completing required service hours
- · Referral to work crew
- Regular updates with Work Crew Supervisor to monitor progress of offender in completing hours
- Notification to referring probation agent or court of successful or unsuccessful completion

**Note:** Court Services will accept all referrals to Work Crew including OCC eligible referrals.

### DRUNK DRIVING/JAIL REDUCTION

#### Pine Rest - OUIL III Program

320 Commerce St. SW Grand Rapids, MI 49503

Phone: (616) 258-7599 FAX: (616) 222-4571

Program Manager: Sara Gee

**Referrals:** To make a referral to this program send the required paperwork via email to <a href="mailto:communityservicesfrontdesk@pinerest.org">communityservicesfrontdesk@pinerest.org</a> or fax it to the number listed above.

The OUIL III treatment program provides assessment, case management, inpatient, and outpatient services for eligible OUIL III offenders who are targeted by the state as "prison bound". Services are provided at two locations: Pine Rest's Residential Treatment Center and at the Pine Rest Outpatient Center. The Outpatient OUIL III groups are 1.5 hours in duration and are facilitated once a week for 12 weeks.

#### Target Population:

- · Male and female OUIL III offenders
- · Probation violators

#### Specific Eligibility Criteria:

- Offenders must be sentenced to an OUIL III offense with a lockout SGL score or straddle cell where the PRV is less than 35.
- Offender must be alcohol or drug dependant for at least one month or showing a pattern of abuse for at least six months.
- Offender must demonstrate a commitment to change.
- Offender must be sober and not experiencing withdrawal symptoms.

#### Treatment Goals:

- Establishment of an abstinence based, crime free pattern of healthy living
- Attendance at self-help community based support groups
- · Securing adequate financial supports/employment
- Improvement in self-esteem
- Improvement in relationships with family members and significant others
- Establish involvement with a faith community

### DRUNK DRIVING/JAIL REDUCTION

#### 61st District Court - Sobriety Court

180 Ottawa NW, Suite 2200 Grand Rapids, MI 49503

Phone: (616) 632-5625 FAX: (616) 632-5618

Program Manager: Joe Berlin

Supervising Probation Officer: Jeanette Boggiano

**Referrals:** To make a referral to this program send the required paperwork via email to the Supervising Probation Officer at <a href="mailto:Jeanette.Boggiano@grcourt.org">Jeanette.Boggiano@grcourt.org</a>.

The Sobriety Court Program provides assessment, case management, drug testing, and individualized treatment programming to assist eligible male and female OUIL III offenders in overcoming his/her addiction to alcohol. The offender is also required to meet frequently with the Sobriety Court Judge to assess their progress and to impose sanctions for any violations. This is a 12 – 18 month program consisting of four phases which the offender must progress through at his/her own pace. Sobriety Court is designed for offenders who need an intensive structured program and have a willingness to receive treatment for their addiction in order to avoid a lengthy jail sentence.

### Target Population:

- Male and female OUIL III offenders
- Probation violators

#### Specific Eligibility Criteria:

- Offenders must be sentenced to an OUIL III offense with a Lockout SGL score or Straddle Cell SGL score where the PRV is less than 35.
- Offenders must be able to submit to random alcohol and drug testing in downtown Grand Rapids.
- Offenders must have no prior convictions for violent felony offenses.

#### Alternative Directions - GED Prep and Testing

1706 South Division Avenue Grand Rapids, MI 49507

Phone: (616) 245-4346 FAX: (616) 245-1375 Admissions Coordinator: Natalie Synowicz

**Referrals:** To make a referral to this program contact the AD Admissions Coordinator and send the required paperwork to the fax number listed above.

Alternative Directions offers GED preparation and testing for felony offenders enrolled in their residential services program or day reporting program. Upon entry into the program each participant will be assessed as to their education level in math, reading, science, social studies and writing. AD staff will ascertain if the offender has previously successfully completed any of the GED tests. Offenders will attend classes two or three times per week which are offered both during the day and evening hours. Following successful completion of a practice test the offender will be transported by AD staff to an independent testing site for GED testing.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Sentenced male or female felony offenders
- Probation violators

#### Services Provided:

- Tutoring in reading, math, science, social studies and writing by staff with a MA in education with an emphasis on learning disabilities
- Pre-tests
- GED testing
- Transportation to and from the testing site

Cost to Offender: None

# Alternative Directions Noncore CBT (Cognitive Behavioral Treatment)

1706 South Division Avenue Grand Rapids, MI 49507

Phone: (616) 245-4346 FAX: (616) 245-1375 Admissions Coordinator: Natalie Synowicz

**Referrals:** To make a referral to this program contact the AD Admissions Coordinator and send the required paperwork to the fax number listed above.

This program provides Cognitive Behavioral Treatment to male felony offenders enrolled in the Alternative Directions Probation Residential Program to aid them in changing their thinking and decision making processes and assist them in developing appropriate life choices to avoid future criminal activity. Groups of 8 – 12 participants will meet 1 - 3 times per week depending on group needs. Sessions last 1 – 2 hours for 11 – 12 total sessions.

#### Target Population (male only):

OCC eligible (see page 9 for standard eligibility requirements)

- · Felony offenders
- · Probation violators

#### Program Goals:

- Recognize and accept responsibility for their actions
- Reduce blame and rationalization
- · Understand thoughts, feelings, beliefs and attitudes
- Recognize how self-centered thinking leads to criminal thinking
- Recognize how thinking, feeling, and actions are connected
- Recognize how decisions are made in a step-by-step fashion
- · Practice different thinking that will lead away from trouble

#### **Court Services - Community CBT (Cognitive Behavioral Treatment)**

180 Ottawa NW, Suite 2100 Grand Rapids, MI 49503

Phone: (616) 632-5337 FAX: (616) 632-5339

Program Facilitator: Kathy Katt

**Referrals:** To make a referral to this program complete the required paperwork and leave it in the program mailbox at the Probation department, email it to <a href="mailto:Kathy.Katt@kentcountymi.gov">Kathy.Katt@kentcountymi.gov</a> or send it to the fax number listed above.

This program provides Cognitive Behavioral Treatment (CBT) to male and female felony offenders and probation violators to help them recognize how their thinking patterns and decisions have led to their criminal behaviors. They will practice different ways of thinking that will help them avoid future criminal activities. Groups will be held in the Kent County Courthouse. Both male and female offenders will need to attend 8 gender specific group sessions lasting 1 ½ - 2 hours each as well as one- half hour long orientation session.

#### Target Population:

OCC eligible: (see page 9 for standard eligibility requirements)

- Sentenced male and female felony offenders
- Probation violators
- Male and female Pretrial offenders may be referred to the program, directly by a Circuit Court Judge, after plea but before sentencing.

#### Program Goals:

Offenders will be taught how to:

- View situations objectively
- Recognize that their thinking and feelings have a direct impact on their behavior
- Identify thoughts that lead toward trouble and replace those thoughts with new thoughts
- · Recognize how self-centered thinking may lead to criminal thinking
- Make a preemptive plan to avoid risky behaviors and risky situations that could lead to criminal activity
- · Manage stress and use self-control to avoid criminal activity
- · Practice different thinking that will lead away from trouble

#### In-Jail GED Program

703 Ball Avenue NE Grand Rapids, MI 49503

Phone: (231) 327-9817 FAX: (616) 632-7735

Program Manager: Lisa Stone

**Referrals:** Referrals can be made to this program at the time of the PSI or after sentencing by contacting OCC staff or the program manager.

Through a collaborative effort by OCC and the Kent County Sheriff's Department sentenced male and female felony offenders serving a term of incarceration at the Kent County Correctional Facility may be eligible to receive GED preparation and testing. Currently male and female offenders are eligible if they are participating in the Reentry Pod in the jail. Offenders will receive tutoring two to four days per week. Testing will be done online in the jail by an independent tester.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Offenders must be incarcerated at the Kent County Correctional Facility
- Sentenced male or female felony offenders
- Probation violators
- Offenders with a split probation/jail disposition will be prioritized for programming although medium to high risk/need offenders serving a straight jail term are eligible to participate

#### Services Provided:

- Tutoring in reading, math, science, social studies, and writing
- Pre-tests
- GED testing

Cost to Offender: None

### **EMPLOYMENT AND TRAINING**

#### Women's Resource Center - New Beginnings Gender Specific Prgm

678 Front Ave. NW, Suite 180 Grand Rapids, MI 49504

Phone: (616) 458-5443 FAX (616) 458-9933

Program Manager: Michelle Bryk

**Referrals:** To make a referral to this program send the required paperwork via email to <a href="mailto:info@grwrc.org">info@grwrc.org</a> or fax it to the number listed above.

Women participating in the Reentry Pod at the Kent County Jail are given the opportunity to participate in the New Beginnings program which provides employability classes and reentry planning during incarceration. Each participant will be matched with a mentor, or participate in group mentoring, prior to her release. Women will receive transitional and traditional job placement or job search support, continuing education, and contact with their mentor once they are in the community. In addition, women serving a term of probation in the community may participate in the New Beginnings program and receive the same services.

#### Target Population:

- Female OCC eligible felony offenders and probation violators (see page 9) who are serving a split probation/jail sentence at KCCF and participating in the Reentry Pod
- OCC eligible sentenced female felony offenders and probation violators serving a term of probation in the community
- Female felony offenders with a medium to high risk of recidivism and medium to high need of vocational services based on the COMPAS assessment

- Gender specific life skills training
- Individual case management/job counseling
- Vocational training including job search techniques, résumé writing, interviewing skills to address a criminal record, appropriate work attitudes, networking and conflict resolution.

### INTENSIVE SUPERVISION

#### Alternative Directions - Day Reporting Center (DRC)

1706 South Division Avenue Grand Rapids, MI 49507

Phone: (616) 245-4346 FAX: (616) 245-1375 Admissions Coordinator: Natalie Synowicz

**Referrals:** To make a referral to this program contact the AD Admissions Coordinator and send the required paperwork to the fax number listed above.

Alternative Directions provides a Day Reporting program which assists the Probation Department in more closely supervising both male and female probationers without having to house the offender in residential programming. In addition to closer supervision in the community, an offender can be referred to the Day Reporting Center to assist with employment-related issues, cognitive-behavioral treatment, drug and alcohol testing, GED preparation classes and testing, and anger management issues. An individualized supervision plan will be created for each participant to address specific risks and needs with projected completion dates.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Sentenced male or female felony offenders
- Probation violators

- Case management
- Employment-related services
- Cognitive-behavioral treatment groups
- GED preparation and testing
- Drug and alcohol testing
- Victim impact group
- Alpha group
- Anger management group

#### Family Outreach Center - Anger Management Program

1939 South Division Avenue Grand Rapids, MI 49507

Phone: (616) 247-3815 FAX: (616) 245-0450

Program Manager: Shelley Seasly

**Referrals:** To make a referral to this program send the required paperwork to the fax number listed above.

The Anger Management Program provides cognitive behavioral treatment (CBT) based group counseling to male and female offenders with anger management issues. The program helps the offender identify anger management issues and learn anger management skills and alternatives to anger. The sessions are designed to illustrate the key conceptual components of the program, be interactive, and include weekly homework assignments for the group participants. The open group format allows referrals to the program to be made at anytime. Groups meet once per week and each participant will attend 10 group sessions.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Male and female felony offenders
- · Probation violators
- Lockout offenders not meeting standard OCC eligibility requirements may qualify for services if they score medium to high risk and need for anger management issues on the COMPAS assessment

#### Services Provided:

- Screening to determine appropriateness of referral
- Ten (10) 90 minute group counseling sessions
- Pre and post tests

#### Program Goals:

- · Teach offenders to define anger, aggression and hostility
- · Teach offenders to identify triggers and cues for their anger
- Teach offenders anger management techniques

#### Berghuis Psychological Services - Sex Offender Treatment

436 – 44<sup>th</sup> St. SE, Suite C Kentwood, MI 49548

Phone: (616) 340-4946 FAX: (616) 233-0630

Program Manager: David Berghuis

**Referrals:** To make a referral to this program email the program manager at <a href="mailto:berghuis1@aol.com">berghuis1@aol.com</a>. After verification of eligibility, email or fax the required paperwork to the program manager.

This evidenced based treatment program is available for felony offenders convicted of a Criminal Sexual Conduct offense or other offense that is sexual in nature. Each offender will receive a bio-psychosocial assessment and an objective risk assessment to determine program eligibility and craft an individualized treatment plan. Offenders are typically required to actively participate in weekly 120 minute gender specific group sessions that are based in cognitive behavioral treatment. The average length of stay for successful completion will be 6 - 9 months. Offenders are expected to admit their offense in order to be maintained in the program. Those not willing to admit their offense may be required to submit to a polygraph exam. The goal of the program is "no more victims" which is achieved through helping the offender develop an understanding of the variables that contributed to his decision to offend and teach relapse prevention techniques. Berghuis Psychological Services begins treatment when possible for offenders in the Kent County Correctional Facility serving a split sentence with treatment services continuing once they are released into the community.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Sentenced male and female felony offenders, age 17 or older
- Probation violators

- · Assessment to determine program eligibility and treatment plan
- Polygraph exam as needed
- Weekly 120 minute group sessions
- Gender specific treatment groups
- Individual therapy and family counseling sessions as needed
- Comprehensive discharge plan

#### Homeward Bound- Sex Offender Treatment

436 – 44<sup>th</sup> St. SE, Suite C Grand Rapids, MI 49548

Phone: (616) 560-0019 FAX: (616) 233-0630

Program Manager: Ron Grooters

**Referrals:** To make a referral to this program email the program manager at <a href="mailto:rlgrooters@comcast.net">rlgrooters@comcast.net</a>. After verification of eligibility, email or fax the required paperwork to the program manager.

Homeward Bound provides evidenced based treatment to offenders convicted of a Criminal Sexual Conduct offense or similar sexual behavior problem. Each offender will receive a risk/psycho-social assessment to determine program eligibility and develop an individual treatment plan. Following the assesement, the majority of offenders will be required to participate in gender specific group treatment on a weekly basis. The average length of stay for successful completion will be 6 – 12 months depending on individual need. Individual therapy, family therapy, and couples counseling is available as needed. Homeward Bound is capable of administering more intensive, in-depth assessments which may include post conviction polygraph exams, psychological testing, ABLE assessments and other risk assessments designed specifically for sex offenders.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Sentenced male felony offenders, age 18 or older
- Female offenders may be referred on an individual basis
- Probation violators

- Assessment to determine program eligibility and treatment plan
- Weekly 90 minute group sessions
- Individual and family therapy and couples counseling as needed
- In-depth assessments including but not limited to: post-conviction polygraph exam, ABLE assessment, Static-99, etc.
- Completion of a relapse prevention plan
- · Referrals to other programs as needed

#### Pine Rest - Outpatient Mental Health Treatment

320 Commerce St. SW Grand Rapids, MI 49503

Phone: (616) 258-7599 FAX: (616) 222-4571

Program Manager: Sara Gee

**Referrals:** To make a referral to this program send the required paperwork via email to <a href="mailto:communityservicesfrontdesk@pinerest.org">communityservicesfrontdesk@pinerest.org</a> or fax it to the number listed above.

Pine Rest's Outpatient Mental Health Treatment consists of assessment, group treatment, individual sessions (as needed) and discharge. After an offender has been referred to the program a Pine Rest Master's level clinician will complete a comprehensive biopsychosocial assessment to determine the level of treatment necessary and develop an individualized treatment plan. Two treatment options are available depending on the offender's assessed needs. The Co-Occurring group is for those offenders having both a mental health and substance abuse disorder. The Coping Skills group will address the needs of offenders with mental health disorders needing to learn and implement skills that will improve their ability to function.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Male and female felony offenders
- Probation violators
- Lockout offenders not meeting standard OCC eligibility requirements may qualify for services if they score medium to high risk and need on the COMPAS assessment

#### Topics Covered and Skills Taught:

- Understanding mental illness
- Understanding mood-stabilizing medications
- · How drugs and alcohol interact with mental health disorders
- Stress reduction
- Coping skills
- Thinking skills
- · Communication skills
- Managing emotional triggers towards anger and grief
- Enhancing social relationships

### PRETRIAL SERVICES

#### **Court Services - Pretrial (Regular)**

180 Ottawa NW, Suite 2100 Grand Rapids, MI 49503

Phone: (616) 632-5350 FAX (616) 632-5339

Program Manager: Tim Bouwhuis

Regular Pretrial Supervision provides assessment, referral services (such as substance abuse, mental health, and educational services), monitoring services, including random drug and alcohol testing, and reporting services for male and female pretrial defendants who are released from the Kent County Correctional Facility on a conditional bond. Defendants will report to their Pretrial Supervision case manager to monitor bond conditions, residence, and provide notification of upcoming court dates. The reporting schedule will be determined at the initial appointment. Pretrial Supervision case managers provide reporting services to the Kent County Circuit Court Judiciary and to the Circuit Court Probation PSI writers.

#### Target Population:

- Defendants released on bond with the condition that they remain under supervision of Court Services until the final disposition of their case
- Defendants with a previous pattern of non-compliance and failure to appear for court
- Defendants needing substance abuse assessment, monitoring or treatment
- Defendants requiring monitoring and supervision due to a history of mental health issues
- Defendants with a problematic or unstable place of residence

- Referral for substance abuse, mental health, or educational services to appropriate community agencies
- Random drug and alcohol testing
- Weekly/biweekly meetings with defendants to monitor bond conditions, residence and provide notification of upcoming court dates
- Attendance at court proceedings to answer the judge's questions concerning defendant's progress or problems
- Provide information to the Probation Department, judges, and other court officials concerning the defendant's compliance and progress while under pretrial supervision

### PRETRIAL SERVICES

#### **Court Services - Pretrial (Maximum)**

180 Ottawa NW, Suite 2100 Grand Rapids, MI 49503

Phone: (616) 632-5350 FAX (616) 632-5339

Program Manager: Tim Bouwhuis

Maximum Pretrial Supervision provides the same type of services as the Regular Pretrial Supervision Program but does so under more intense supervision. Pretrial defendants under maximum pretrial supervision are required to wear an electronic device which provides 24 hour monitoring of these defendants. The defendant will meet with their Pretrial Supervision case manager several times a week either by telephone or face-to-face meetings.

#### Target Population:

The same population as for regular pretrial services with the following exceptions:

- Defendants posing a greater risk of non-compliance and therefore needing more intense continuous supervision
- Defendants with an approved residence and telephone
- Defendants who agree to participate and sign the Pretrial Release Maximum Supervision Agreement

#### Services Provided:

- 24 hour daily electronic monitoring of defendant's location
- Face-to-face and telephone meetings with caseworker several times per week
- Referral for substance abuse, mental health, or educational services to appropriate community agencies
- · Random drug and alcohol testing
- Attendance at court proceedings to answer the judge's questions concerning defendant's progress or problems
- Provide information to the Probation Department, judges, and other court officials concerning the defendant's compliance and progress while under maximum pretrial supervision

Cost to Offender: Based on cost of device used

### **PROBATION RESIDENTIAL CENTERS**

#### **Alternative Directions**

1706 South Division Avenue Grand Rapids, MI 49507

Phone: (616) 245-4346 FAX: (616) 245-1375 Admissions Coordinator: Natalie Synowicz

**Referrals:** To make a referral to this program contact the AD Admissions Coordinator and send the required paperwork to the fax number listed above.

Through the use of residential services, Alternative Directions provides an intensive structured community sanction for adult male non-violent felony offenders. In addition to the structured environment Alternative Directions offers an array of services such as drug and alcohol testing, GED prep and testing, employment related services, anger management and cognitive behavioral treatment. All residents will receive an intake appointment and assessment that will assist Alternative Directions staff in establishing an individualized treatment plan for the offender based on their risks and needs.

#### Target Population (male only):

OCC eligible (see below):

- Felony offenders
- · Probation violators

#### Eligibility Requirements:

Effective October 1, 2015 the COMPAS will be used exclusively to determine eligibility for residential programming. An offender must score medium to high risk for recidivism (violent or general recidivism) or medium to high need on the substance abuse scale in order to qualify for OCC funded residential placement.

- Room and board
- · Security and supervision
- Case management
- Intake and assessment
- Referral services
- Transportation
- · Structured schedule of activities
- Financial management

### PROBATION RESIDENTIAL CENTERS

#### Pine Rest Men's Residential Program

243 – 68<sup>th</sup> Street SE Grand Rapids, MI 49548

Phone: (616) 281-0040 FAX: (616) 281-4258

Program Manager: Heather Duthler Intake Coordinator: Susie Commissaris

**Referrals:** To make a referral to this program contact the Intake Coordinator directly at (616) 456-0833 and send the required paperwork to the fax number listed above.

Adult male non-violent felony offenders and probation violators in need of substance abuse treatment are served by the Pine Rest Men's Residential Program. Treatment is based on a cognitive behavioral treatment curriculum that is designed to address both the criminality and the substance dependency of the offender. During the beginning treatment phase of the program offenders do not work so they can focus on their recovery. At the successful completion of Phase I, usually about 30 days, offenders will move to Phase II of the program to focus on job seeking and employment.

#### Target Population (male only):

OCC eligible (see below):

- Felony offenders
- Probation violators

#### Eligibility Requirements:

Effective October 1, 2015 the COMPAS will be used exclusively to determine eligibility for residential programming. An offender must score medium to high risk for recidivism (violent or general recidivism) or medium to high need on the substance abuse scale in order to qualify for OCC funded residential placement.

- Room and board
- · Assessment and case management
- Substance abuse treatment
- Mental health counseling
- Education, employment and training programs

### SUBSTANCE ABUSE

#### **Arbor Circle - Relapse Prevention**

1115 Ball NE, Building A Grand Rapids, MI 49505

Phone: (616) 456-8010 FAX (616) 456-6396

Program Manager: Cathy Worthem

Arbor Circle provides a group based Relapse Prevention program for felony offenders with substance abuse issues housed in the Kent County Correctional Facility. Following an assessment to determine whether the offender requires substance abuse treatment, offenders will participate in cognitive behavioral group treatment services that will provide enrolled offenders with the basic understandings of addiction and their own personal use patterns. The goals of treatment include increasing the offender's level of knowledge of relapse and recidivism, restructuring the individual's cognitive and behavioral patterns, and planning for reentry into the community. Each offender will receive an individualized plan to address their specific reentry needs. Groups will meet for 90 minutes once per week for up to eight weeks.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Offenders must be incarcerated at the Kent County Correctional Facility
- Sentenced felony offenders
- Probation violators
- Offenders with a split probation/jail disposition will be prioritized for treatment although medium to high risk/need offenders serving a straight jail term are eligible to participate

- Individual assessment
- CBT based group treatment
- Pre and post tests
- Individualized reentry plan

### SUBSTANCE ABUSE

# Catholic Charities West Michigan – Outpatient Substance Abuse Treatment Program

40 Jefferson Ave. SE Grand Rapids, MI 49503

Phone: (616) 356-6231 FAX: (616) 732-6392

Program Manager: Priscilla Kern

**Referrals:** To make a referral to this program send the required paperwork to the fax number listed above.

Catholic Charities West Michigan (CCWM) provides outpatient substance abuse treatment to sentenced felony offenders and probation violators. Following a psychosocial assessment to determine the appropriate level of treatment the offender will be placed in either the Early Intervention group or the Redirect group. Offenders attending the Early Intervention group are anticipated to complete up to 8 sessions and those attending the Redirect group are anticipated to complete up to 15 sessions. Each group session is 1.5 hours in length. Groups are available in the morning, afternoon, and evening to provide flexibility for offenders. CCWM utilizes a curriculum tailored toward the criminally minded substance abusing offender that is grounded in Cognitive Behavioral Techniques, Motivational Interviewing, and Cognitive Restructuring.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- Sentenced male and female felony offenders
- Probation violators
- Lockout offenders not meeting standard OCC eligibility requirements may qualify for services if they score medium to high for a substance abuse need on the COMPAS assessment

- · Assessment to determine substance dependency and level of need
- Individualized treatment plan and goals
- Early Intervention group and Redirect group
- Relapse prevention plan

### SUBSTANCE ABUSE

#### Pine Rest – Outpatient Substance Abuse Treatment Program

320 Commerce St. SW Grand Rapids, MI 49503

Phone: (616) 258-7599 FAX: (616) 222-4571

Program Manager: Sara Gee

**Referrals:** To make a referral to this program send the required paperwork via email to <a href="mailto:communityservicesfrontdesk@pinerest.org">communityservicesfrontdesk@pinerest.org</a> or fax it to the number listed above.

This program provides substance abuse treatment focusing on assessment and cognitive behavioral treatment (CBT) in an outpatient setting. Group treatment will address both the criminality and the substance abuse dependency of the sentenced male and female felony offender. Each offender will receive a comprehensive assessment to determine their level of need. Following the assessment offenders meeting the criteria for substance dependency or abuse will attend groups lasting 1.5 hours once or twice per week. Three types of groups are provided by Pine Rest including: Redirecting the Substance Abusing Criminal Offender, Relapse Prevention 101, and Relapse Prevention. Groups usually last 8 to 20 weeks depending on the type of group, the curriculum, and also the offender's progress towards their individualized goals.

#### Target Population:

OCC eligible (see page 9 for standard eligibility requirements):

- · Sentenced male and female felony offenders
- Probation violators
- Lockout offenders not meeting standard OCC eligibility requirements may qualify for services if they score medium to high for a substance abuse need on the COMPAS assessment

- Assessment to determine substance dependency and level of need
- Individualized treatment plan and goals
- CBT based curriculum
- Relapse prevention
- Individual treatment services as needed

# THE KENT COUNTY CORRECTIONAL FACILITY

703 Ball Avenue NE Grand Rapids, MI 49503 (616) 632-6302

The Kent County Correctional Facility houses pretrial inmates and those sentenced to local incarceration. The main goal is to provide a secure correctional facility ensuring the safety and well being of the inmates, staff, and general public. While serving out a sentence at the KCCF, many inmates, depending on classification and housing location, have the opportunity to participate in programming focusing on such areas as substance abuse, education, and mental illness.

#### **Jail Programming**

#### **Alcoholics and Narcotics Anonymous**

AA and NA are twelve-step self help programs for men and women addicted to alcohol and drugs. Participants will share with each other their struggles with addiction as they learn to break their old behavior patterns and focus on living a sober lifestyle.

#### **Biblical Life Principles Pod**

The Biblical Life Principles Pod is available for men who voluntarily choose to focus on practical application of biblical principles in everyday life. Educational material includes: basic life principles, anger resolution, parenting and marital relations, self-confrontation, and heroes of faith.

#### Forgotten Man Ministries

Forgotten Man Ministries provides counseling and coordinates all religious services and Bible studies for inmates at KCCF. All KCCF inmates are eligible to participate in church services and have access to Bibles or other religious materials.

#### **GED Program**

GED prep and testing in the jail is provided to sentenced offenders housed in the Men's and Women's Reentry Pods. These services, including testing, are provided at no cost to the offender. The GED prep portion of this program is funded by OCC. See page 21 for additional information.

#### **Grand Rapids Public Schools – High School Completion**

Inmates up to age 20 housed at KCCF are eligible to participate in high school completion classes.

#### **Hope Network – Job Readiness Program**

Hope Network provides job readiness programming to offenders in the Men's Reentry Pod. Pre-release programming is one day per week for eight consecutive weeks. Once released from KCCF offenders attend Hope Network Monday - Friday for two weeks of additional programming, resume development, and job searching. Those that successfully complete the entire training will either be placed in transitional employment or will receive assistance from Hope Network in finding competitive employment.

#### **Jail Diversion Mental Health Program**

The Jail Diversion Program seeks to divert mentally ill inmates, who have committed a misdemeanor or non-violent felony, from jail and provide them with treatment out in the community. Diversion can be done pre-booking, to allow the offender to avoid all contact with the Correctional Facility, or post-booking, to reduce the offender's term of incarceration. Services for the mentally ill offender include psychiatric assessment, treatment, and case management. The Diversion case manager will meet with the offender to ensure that court dates are kept, fines are paid, and treatment is occurring.

#### **Jail Mental Health Services (JMHS)**

This program provides a variety of mental health services to Kent County Correctional Facility inmate population 24 hours a day 7 days a week. Services include assessment, treatment/therapy, case management, psychiatric medication and psychiatric hospitalization (as appropriate).

#### Men's Reentry Pod

The Men's Reentry Pod is a 32 person pod focused on providing services and education to high risk and need sentenced male offenders. Inmates must have at least 70-90 days remaining on their sentence to be considered for participation in the pod. The goal is for all inmates in the Reentry Pod to receive 22 sessions of Thinking for a Change which is a cognitive behavioral based treatment (CBT) aimed at changing the offender's criminal thinking patterns and breaking the cycle of recidivism. Inmates with co-occurring disorders will also receive CBT based substance abuse treatment and services aimed at treating their mental health issues. All inmates will receive individual case management within the Reentry Pod. Some participants will receive case management following their release into the community as well. Other services offered to inmates in the Reentry Pod include but are not limited to the following: GED prep and testing, Job Readiness programming, and peer led AA/NA meetings.

#### **Substance Abuse Treatment**

Substance abuse treatment services are provided through a variety of programs and service providers. The core program is the Sober Living Unit (SLU) by Arbor Circle. The SLU is an intensive program for male and female offenders, lasting up to 90 days, which addresses issues of denial, manipulative behavior, criminal thinking, enabling, accountability, family dynamics, and relapse prevention among others. Arbor Circle also provides a relapse prevention program for inmates who are unable to participate in or do not qualify for the SLU. Groups meet for 90 minutes once per week for up to 8 weeks. See page 32 for more information on this program.

#### Women's Reentry / SLU Pod

The Women's Reentry/SLU (Sober Living Unit) Pod focuses on providing services and education to high risk and need sentenced female offenders. Inmates must have at least 70 – 90 days remaining on their sentence to be considered for participation in the pod. Thinking for a Change and Seeking Safety curriculums will both be used in the Women's Reentry Pod with programming focused towards the unique needs of female offenders. Female offenders with a history of substance abuse will participate in cognitive behavioral based treatment (CBT) that will give them the knowledge and skills they can use to address their addictions to drugs and alcohol. All inmates will receive individual case management that are housed in the Reentry/SLU Pod and will have a reentry plan in hand when they are released. Women without a high school diploma will have the opportunity to participate in GED prep and testing in the Reentry Pod.

#### Women's Resource Center - New Beginnings Program

Women participating in the Reentry Pod are given the opportunity to participate in the New Beginnings program which provides employability classes and reentry planning during incarceration. Each participant will be matched with a mentor, or participate in group mentoring, prior to her release. Each woman will receive transitional and traditional job placement or job search support, continuing education, and contact with her mentor once she is in the community.

#### **Mission Statement**

The mission of the Kent County Office of Community Corrections is to: support and expand the use of community sanctions in order to provide rehabilitation opportunities for Kent County offenders, promote the efficient use of jail/prison beds while protecting public safety, and examine the causes of repeated criminal behavior while facilitating collaboration among stakeholders and service providers.

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